

Food availability indices – how can I measure food availability?

Dimension	Indicator	Definition and source	Unit	Data source
Availability	Average dietary energy supply adequacy (ADESA)	The indicator expresses the Dietary Energy Supply (DES) as a percentage of the Average Dietary Energy Requirement (ADER)	%	<i>FAOSTAT statistical database.</i> http://www.fao.org/faostat/en/#data/FS
	Average value of food production	The food net production value, in per capita terms.	International \$ per capita	
	Share of dietary energy supply derived from cereals, roots and tubers	The indicator expresses the energy supply (in kcal/caput/day) provided by cereals, roots and tubers as a percentage of the total Dietary Energy Supply (DES).	%	
	Average protein supply	National average protein supply.	gr/capita/day	
	Average supply of protein of animal origin	National average protein supply.	gr/capita/day	